

# Prime For Life<sup>®</sup>

## One-Day Teen Substance Use Class

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Support your teen in making healthy choices.

The Prime For Life<sup>®</sup> program helps teens understand the real risks of substance use, make healthier decisions, and stay on track with their goals.

This one-day educational class provides teens with tools and insight to avoid future trouble at school, with the law, or in life – all in a respectful, supportive environment.

### Who Should Attend?

- Teens (ages 13-18) who may be experimenting with or at risk for substance use
- Those referred by parents, schools, or the court
- Families seeking early prevention or intervention support

### Why It Matters?

- Teens learn how substance use impacts goals and decision-making
- Parents gain reassurance through a proven, evidence-based program
- Builds stronger family communication and understanding

### How You Can Help:

- Talk openly and often about substance use
- Listen without judgment
- Model healthy choices and coping skills
- Encourage your teen to attend the Prime For Life<sup>®</sup> class for insight and growth

Admission is FREE and includes all materials and water, coffee, and hot tea.

Participants are asked to bring their own lunch.

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### How to Register:

- Go to [www.kbamichigan.com](http://www.kbamichigan.com) and click 'Register'
- Call 810-225-9550 or email [info@kbamichigan.com](mailto:info@kbamichigan.com) for more information



### When:

9am  
to  
2:30pm

4th Saturday  
each Month  
Starting  
January 2026\*

\*dates subject to  
change

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### Where:

KBA

10299  
Grand River Rd  
Suite P  
Brighton MI  
48116

