

Prime For Life® – One-Day Teen Substance Use Class

Referral Information for Schools, Courts, and Community Partners

Who:

Livingston County Teens Ages 13–18

- Dealing with issues at school, with the Court, or in the community related to alcohol, vaping, marijuana, or other substances
- At risk for substance use
- In early stages of substance use or substance use is suspected

What:

A One-Day Substance Use Prevention and Education Class for Teens

- Interactive activities and discussions about risks, goals, and making safer choices
- Led by a certified Prime For Life® instructor
- Substance use screening and recommendations provided upon completion

When:

9:00 AM – 2:30 PM on the 4th Saturday of Every Month Starting in January 2026
Bring Own Lunch and Snacks

Where:

Karen Bergbower and Associates, 10299 Grand River Road, Suite P, Brighton, MI 48116

Why:

- Learn the real risks of alcohol, vaping, marijuana, and other drugs
- Connect choices to personal goals and future success
- Gain tools to avoid future trouble at school, with the law, or in life

Cost: FREE (includes all materials, workbook, and water/coffee/hot tea)

To Refer a Youth, Complete a Prime For Life® Referral Form:

- Fax the completed referral form to 810-225-9579 or email to info@kbamichigan.com
- Call 810-225-9550 or email info@kbamichigan.com for more information

